

Wettkampf 15 - 400m Freistil weiblich

Weltrekord: 03:54,18 - McIntosh, Summer (Canada) am 07.06.2025 in Victoria (CAN)

Europarekord: 03:59,15 - Pellegrini, Federica (Italy) am 26.07.2009 in Rome (ITA)

Deutscher Rekord: 04:02,14 - Gose, Isabel (SC Magdeburg) am 27.07.2024 in Paris (FRA)

Bahnrekord Nordbad: 04:26,52 - Strohaln, Marie (SG Frankfurt) am 29.03.2025 in Darmstadt

Jahrgang 2016

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Merle Harnau 50m: 00:42,86 (00:42,86) 100m: 01:30,89 (00:48,03) 150m: 02:20,08 (00:49,19) 200m: 03:08,38 (00:48,30) 250m: 03:56,13 (00:47,75) 300m: 04:43,00 (00:46,87) 350m: 05:34,95 (00:51,95) 400m: 06:22,38 (00:47,43)	2016	Frankenthaler SV 1897	06:22,38	229
2.	Sophia Bennani 50m: 00:42,96 (00:42,96) 100m: 01:33,28 (00:50,32) 150m: 02:24,16 (00:50,88) 200m: 03:15,33 (00:51,17) 250m: 04:06,64 (00:51,31) 300m: 04:58,15 (00:51,51) 350m: 05:47,77 (00:49,62) 400m: 06:34,11 (00:46,34)	2016	DSW 1912 Darmstadt	06:34,11	209
3.	Leyla Haßfeld 50m: 00:44,31 (00:44,31) 100m: 01:38,27 (00:53,96) 150m: 02:32,21 (00:53,94) 200m: 03:26,13 (00:53,92) 300m: 05:10,00 (01:43,87) 350m: 06:00,70 (00:50,70) 400m: 06:49,70 (00:49,00)	2016	DSW 1912 Darmstadt	06:49,70	186
4.	Mona Szagartz 50m: 00:46,00 (00:46,00) 100m: 01:41,12 (00:55,12) 150m: 02:34,45 (00:53,33) 200m: 03:27,34 (00:52,89) 250m: 04:20,76 (00:53,42) 300m: 05:12,36 (00:51,60) 350m: 06:04,37 (00:52,01) 400m: 06:51,22 (00:46,85)	2016	DSW 1912 Darmstadt	06:51,22	184
5.	Emma Mitco 50m: 00:44,53 (00:44,53) 100m: 01:38,36 (00:53,83) 150m: 02:31,02 (00:52,66) 200m: 03:24,93 (00:53,91) 250m: 04:19,43 (00:54,50) 300m: 05:14,31 (00:54,88) 350m: 06:08,41 (00:54,10) 400m: 06:57,91 (00:49,50)	2016	SG EWR Rheinhessen-Mainz	06:57,91	175
6.	Cleo Schreiber 50m: 00:49,48 (00:49,48) 100m: 01:46,18 (00:56,70) 150m: 02:41,26 (00:55,08) 200m: 03:35,89 (00:54,63) 250m: 04:30,45 (00:54,56) 300m: 05:23,48 (00:53,03) 350m: 06:14,95 (00:51,47) 400m: 07:02,91 (00:47,96)	2016	DSW 1912 Darmstadt	07:02,91	169

Jahrgang 2015

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Hanna Bätzing 50m: 00:40,95 (00:40,95) 100m: 01:28,95 (00:48,00) 150m: 02:16,84 (00:47,89) 200m: 03:05,19 (00:48,35) 250m: 03:53,36 (00:48,17) 300m: 04:42,24 (00:48,88) 350m: 05:30,97 (00:48,73) 400m: 06:13,96 (00:42,99)	2015	TSG Darmstadt	06:13,96	245
2.	Anabel Fronhoffs 50m: 00:45,53 (00:45,53) 100m: 01:36,73 (00:51,20) 150m: 02:28,50 (00:51,77) 200m: 03:19,07 (00:50,57) 250m: 04:10,04 (00:50,97) 300m: 05:00,86 (00:50,82) 350m: 05:50,30 (00:49,44) 400m: 06:36,29 (00:45,99)	2015	DSW 1912 Darmstadt	06:36,29	206
3.	Manon Schrenk 50m: 00:42,88 (00:42,88) 100m: 01:32,67 (00:49,79) 150m: 02:23,25 (00:50,58) 200m: 03:14,97 (00:51,72) 250m: 04:06,23 (00:51,26) 300m: 04:58,46 (00:52,23) 350m: 05:49,66 (00:51,20) 400m: 06:36,98 (00:47,32)	2015	DSW 1912 Darmstadt	06:36,98	205
4.	Magdalena Moser 50m: 00:43,46 (00:43,46) 100m: 01:35,50 (00:52,04) 150m: 02:29,76 (00:54,26) 200m: 03:21,91 (00:52,15) 250m: 04:13,07 (00:51,16) 300m: 05:05,62 (00:52,55) 350m: 05:55,82 (00:50,20) 400m: 06:42,91 (00:47,09)	2015	DSW 1912 Darmstadt	06:42,91	196
5.	Sara El Youssi 50m: 00:42,78 (00:42,78) 100m: 01:33,93 (00:51,15) 150m: 02:27,30 (00:53,37) 200m: 03:21,11 (00:53,81) 250m: 04:15,49 (00:54,38) 300m: 05:09,24 (00:53,75) 350m: 06:02,46 (00:53,22) 400m: 06:52,39 (00:49,93)	2015	DSW 1912 Darmstadt	06:52,39	183
6.	Aurelia Vittinghoff 50m: 00:44,13 (00:44,13) 100m: 01:36,48 (00:52,35) 150m: 02:29,36 (00:52,88) 200m: 03:22,49 (00:53,13) 250m: 04:16,84 (00:54,35) 300m: 05:09,69 (00:52,85) 350m: 06:02,50 (00:52,81) 400m: 06:52,49 (00:49,99)	2015	DSW 1912 Darmstadt	06:52,49	182

nicht am Start

Sophie Victoria Dapp 2015 SC Oberursel 1958



noch Wettkampf 15 - 400m Freistil weiblich

Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Maria Menge 50m: 00:36,20 (00:36,20) 100m: 01:17,43 (00:41,23) 150m: 02:00,55 (00:43,12) 200m: 02:44,20 (00:43,65) 250m: 03:27,55 (00:43,35) 300m: 04:11,01 (00:43,46) 350m: 04:54,42 (00:43,41) 400m: 05:33,80 (00:39,38)	2014	SC Oberursel 1958	05:33,80	345
2.	Marlene Becker 50m: 00:38,37 (00:38,37) 100m: 01:22,28 (00:43,91) 150m: 02:06,71 (00:44,43) 200m: 02:51,78 (00:45,07) 250m: 03:37,98 (00:46,20) 300m: 04:22,72 (00:44,74) 350m: 05:07,56 (00:44,84) 400m: 05:48,89 (00:41,33)	2014	1. SSV Ingelheim 1966	05:48,89	302
3.	Nora Szagartz 50m: 00:38,85 (00:38,85) 100m: 01:24,29 (00:45,44) 150m: 02:10,74 (00:46,45) 200m: 02:57,05 (00:46,31) 250m: 03:42,45 (00:45,40) 300m: 04:28,15 (00:45,70) 350m: 05:11,31 (00:43,16) 400m: 05:53,23 (00:41,92)	2014	DSW 1912 Darmstadt	05:53,23	291
4.	Oleksandra Blahonravina 50m: 00:39,53 (00:39,53) 100m: 01:24,88 (00:45,35) 150m: 02:09,78 (00:44,90) 200m: 02:56,76 (00:46,98) 250m: 03:43,20 (00:46,44) 300m: 04:31,13 (00:47,93) 350m: 05:16,97 (00:45,84) 400m: 06:00,20 (00:43,23)	2014	SV Mannheim	06:00,20	274
5.	Julia Holzderber 50m: 00:39,01 (00:39,01) 100m: 01:24,24 (00:45,23) 150m: 02:11,87 (00:47,63) 200m: 02:59,95 (00:48,08) 250m: 03:47,20 (00:47,25) 300m: 04:36,31 (00:49,11) 350m: 05:23,32 (00:47,01) 400m: 06:07,07 (00:43,75)	2014	SG Worms	06:07,07	259
6.	Luna Ricker 50m: 00:42,87 (00:42,87) 100m: 01:32,00 (00:49,13) 150m: 02:21,76 (00:49,76) 200m: 03:11,41 (00:49,65) 250m: 04:01,70 (00:50,29) 300m: 04:53,30 (00:51,60) 350m: 05:43,54 (00:50,24) 400m: 06:31,19 (00:47,65)	2014	SG Worms	06:31,19	214
7.	Teresa Dorothee Benyo 50m: 00:42,38 (00:42,38) 100m: 01:32,86 (00:50,48) 150m: 02:24,18 (00:51,32) 200m: 03:14,36 (00:50,18) 250m: 04:07,03 (00:52,67) 300m: 04:58,81 (00:51,78) 350m: 05:49,79 (00:50,98) 400m: 06:36,43 (00:46,64)	2014	1. SSV Ingelheim 1966	06:36,43	206
8.	Hannah Mollenhauer 100m: 01:39,70 (01:39,70) 150m: 02:33,59 (00:53,89) 200m: 03:26,89 (00:53,30) 250m: 04:21,46 (00:54,57) 300m: 05:15,02 (00:53,56) 350m: 06:08,61 (00:53,59) 400m: 06:57,91 (00:49,30)	2014	DSW 1912 Darmstadt	06:57,91	175
	<u>nicht am Start</u> Antonia Hieke 2014 DSW 1912 Darmstadt				
	<u>abgemeldet</u> Vivian Wiegand 2014 DSW 1912 Darmstadt				

Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1.	Lisa Schwartmann 50m: 00:34,31 (00:34,31) 100m: 01:12,26 (00:37,95) 150m: 01:50,50 (00:38,24) 200m: 02:30,13 (00:39,63) 250m: 03:09,97 (00:39,84) 300m: 03:49,49 (00:39,52) 350m: 04:28,24 (00:38,75) 400m: 05:06,64 (00:38,40)	2013	DSW 1912 Darmstadt	05:06,64	445
2.	Mila Schläwe 50m: 00:34,08 (00:34,08) 100m: 01:12,46 (00:38,38) 150m: 01:52,16 (00:39,70) 200m: 02:33,36 (00:41,20) 250m: 03:14,77 (00:41,41) 300m: 03:55,64 (00:40,87) 350m: 04:37,10 (00:41,46) 400m: 05:16,19 (00:39,09)	2013	TSG Darmstadt	05:16,19	406
3.	Katharina Sapeta 50m: 00:35,48 (00:35,48) 100m: 01:14,87 (00:39,39) 150m: 01:56,13 (00:41,26) 200m: 02:37,50 (00:41,37) 250m: 03:19,80 (00:42,30) 300m: 04:00,84 (00:41,04) 350m: 04:41,94 (00:41,10) 400m: 05:20,47 (00:38,53)	2013	SG Worms	05:20,47	390
4.	Emma Sophie Jestädt 50m: 00:35,08 (00:35,08) 100m: 01:15,80 (00:40,72) 150m: 01:58,16 (00:42,36) 200m: 02:40,70 (00:42,54) 250m: 03:22,72 (00:42,02) 300m: 04:04,19 (00:41,47) 350m: 04:45,09 (00:40,90) 400m: 05:22,77 (00:37,68)	2013	DSW 1912 Darmstadt	05:22,77	381



noch Wettkampf 15 - 400m Freistil weiblich

noch Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
5.	Pelin Kiper 50m: 00:35,63 (00:35,63) 100m: 01:16,11 (00:40,48) 150m: 01:56,76 (00:40,65) 200m: 02:38,96 (00:42,20) 250m: 03:20,71 (00:41,75) 300m: 04:03,60 (00:42,89) 350m: 04:45,51 (00:41,91) 400m: 05:25,67 (00:40,16)	2013	SC Oberursel 1958	05:25,67	371
6.	Emma Proft 50m: 00:36,98 (00:36,98) 100m: 01:18,99 (00:42,01) 150m: 02:01,64 (00:42,65) 200m: 02:44,72 (00:43,08) 250m: 03:27,62 (00:42,90) 300m: 04:10,83 (00:43,21) 350m: 04:53,73 (00:42,90) 400m: 05:34,99 (00:41,26)	2013	DSW 1912 Darmstadt	05:34,99	341
7.	Mila Baulig 50m: 00:38,61 (00:38,61) 100m: 01:21,10 (00:42,49) 150m: 02:05,35 (00:44,25) 200m: 02:50,12 (00:44,77) 250m: 03:35,04 (00:44,92) 300m: 04:19,79 (00:44,75) 350m: 05:04,62 (00:44,83) 400m: 05:48,16 (00:43,54)	2013	SG Worms	05:48,16	304
8.	Alma Rulhoff 50m: 00:40,43 (00:40,43) 100m: 01:25,06 (00:44,63) 150m: 02:10,34 (00:45,28) 200m: 02:55,47 (00:45,13) 250m: 03:42,59 (00:47,12) 300m: 04:29,37 (00:46,78) 350m: 05:13,95 (00:44,58) 400m: 05:56,38 (00:42,43)	2013	TSG Darmstadt	05:56,38	283
9.	Zora Bigalke 50m: 00:39,92 (00:39,92) 100m: 01:26,61 (00:46,69) 150m: 02:13,44 (00:46,83) 200m: 03:00,73 (00:47,29) 250m: 03:47,41 (00:46,68) 300m: 04:33,60 (00:46,19) 350m: 05:18,89 (00:45,29) 400m: 06:03,34 (00:44,45)	2013	TSG Darmstadt	06:03,34	267
10.	Ada Müsna 50m: 00:40,14 (00:40,14) 100m: 01:26,16 (00:46,02) 150m: 02:14,21 (00:48,05) 200m: 03:02,55 (00:48,34) 250m: 03:51,04 (00:48,49) 300m: 04:38,69 (00:47,65) 350m: 05:24,49 (00:45,80) 400m: 06:06,26 (00:41,77)	2013	1. SSV Ingelheim 1966	06:06,26	261

