

Wettkampf 5 - 400m Lagen weiblich

Weltrekord: 04:23,65 - McIntosh, Summer (Canada) am 12.06.2025 in Toronto (CAN)

Europarekord: 04:26,36 - Hosszu, Katinka (Hungary) am 06.08.2016 in Rio (BRA)

Deutscher Rekord: 04:36,10 - Schneider, Petra (SC Karl-Marx-Stadt) am 01.08.1982 in Guayaquil (ECU)

Bahnrekord Nordbad: 05:00,00 - Linda Roth (SV Cannstatt) am 30.04.2023 in Darmstadt

Offene Wertung

Platz	Schwimmer(in)	Jg.	Verein	Endzeit	WA
1. und Hessische Meisterin 2025	Marie Strohalm	2007	SG Frankfurt	05:10,59	616
	50m: 00:31,76 (00:31,76) 100m: 01:09,08 (00:37,32) 150m: 01:49,15 (00:40,07) 200m: 02:27,67 (00:38,52) 250m: 03:13,12 (00:45,45) 300m: 03:59,14 (00:46,02) 350m: 04:35,84 (00:36,70) 400m: 05:10,59 (00:34,75)				
2.	Julia Franziska Kaul	2011	SG Frankfurt	05:14,45	594
	50m: 00:32,20 (00:32,20) 100m: 01:09,89 (00:37,69) 150m: 01:50,18 (00:40,29) 200m: 02:28,96 (00:38,78) 250m: 03:17,05 (00:48,09) 300m: 04:04,64 (00:47,59) 350m: 04:40,35 (00:35,71) 400m: 05:14,45 (00:34,10)				
3.	Lara-Maria Bensalah	2012	SC Wiesbaden 1911	05:20,96	558
	50m: 00:35,33 (00:35,33) 100m: 01:17,32 (00:41,99) 150m: 02:00,35 (00:43,03) 200m: 02:42,38 (00:42,03) 250m: 03:27,14 (00:44,76) 300m: 04:10,25 (00:43,11) 350m: 04:47,71 (00:37,46) 400m: 05:20,96 (00:33,25)				
4.	Luna Marie Straßheim	2012	SG Frankfurt	05:21,89	554
	50m: 00:34,59 (00:34,59) 100m: 01:13,01 (00:38,42) 150m: 01:54,93 (00:41,92) 200m: 02:35,10 (00:40,17) 250m: 03:23,88 (00:48,78) 300m: 04:10,54 (00:46,66) 350m: 04:47,30 (00:36,76) 400m: 05:21,89 (00:34,59)				
5.	Lara Weigel	2009	WSV Großkrotzenburg	05:33,89	496
	50m: 00:35,43 (00:35,43) 100m: 01:16,59 (00:41,16) 150m: 02:01,14 (00:44,55) 200m: 02:44,13 (00:42,99) 250m: 03:31,55 (00:47,42) 300m: 04:19,76 (00:48,21) 350m: 04:57,92 (00:38,16) 400m: 05:33,89 (00:35,97)				
6.	Neele Feline Schwebel	2012	SG Frankfurt	05:42,20	461
	50m: 00:33,47 (00:33,47) 100m: 01:15,46 (00:41,99) 150m: 01:58,48 (00:43,02) 200m: 02:40,71 (00:42,23) 250m: 03:32,04 (00:51,33) 300m: 04:22,99 (00:50,95) 350m: 05:03,46 (00:40,47) 400m: 05:42,20 (00:38,74)				
7.	Madita Fricke	2012	SV Delphin Wiesbaden	05:42,87	458
	50m: 00:36,48 (00:36,48) 100m: 01:20,75 (00:44,27) 150m: 02:08,03 (00:47,28) 200m: 02:54,00 (00:45,97) 250m: 03:39,35 (00:45,35) 300m: 04:25,33 (00:45,98) 350m: 05:05,20 (00:39,87) 400m: 05:42,87 (00:37,67)				
8.	Anais Topp	2012	SG Wetterau	05:43,90	454
	50m: 00:35,54 (00:35,54) 100m: 01:18,26 (00:42,72) 150m: 02:04,28 (00:46,02) 200m: 02:47,46 (00:43,18) 250m: 03:33,83 (00:46,37) 300m: 04:21,40 (00:47,57) 350m: 05:03,56 (00:42,16) 400m: 05:43,90 (00:40,34)				
9.	Clara Prokopp	2013	TV 1862 Langen	06:06,92	374
	50m: 00:39,47 (00:39,47) 100m: 01:30,05 (00:50,58) 150m: 02:19,20 (00:49,15) 200m: 03:06,75 (00:47,55) 250m: 03:56,09 (00:49,34) 300m: 04:45,81 (00:49,72) 350m: 05:27,27 (00:41,46) 400m: 06:06,92 (00:39,65)				
10.	Maria Mörstedt	2004	SG Neptun Lampertheim	06:09,67	365
	50m: 00:36,22 (00:36,22) 100m: 01:21,30 (00:45,08) 150m: 02:08,30 (00:47,00) 200m: 02:54,25 (00:45,95) 250m: 03:48,89 (00:54,64) 300m: 04:44,31 (00:55,42) 350m: 05:27,72 (00:43,41) 400m: 06:09,67 (00:41,95)				
11.	Marie Griebel	2006	Erster Offenbacher SC	06:13,87	353
	50m: 00:39,90 (00:39,90) 100m: 01:27,47 (00:47,57) 150m: 02:14,86 (00:47,39) 200m: 03:01,93 (00:47,07) 250m: 03:53,89 (00:51,96) 300m: 04:47,54 (00:53,65) 350m: 05:31,47 (00:43,93) 400m: 06:13,87 (00:42,40)				
12.	Alicia Reispich	2013	SC Wasserfreunde Fulda	06:21,31	333
	50m: 00:38,76 (00:38,76) 100m: 01:24,93 (00:46,17) 150m: 02:15,85 (00:50,92) 200m: 03:03,73 (00:47,88) 250m: 04:01,30 (00:57,57) 300m: 04:57,22 (00:55,92) 350m: 05:40,87 (00:43,65) 400m: 06:21,31 (00:40,44)				

